



Imagine this	You wake up one morning with flu-like symptoms. You don't want to take time off from work, but you need care now. What can you do?	
You consider urgent care, but don't want to spend the time and money.	2 Then you call Teladoc [®] .	3 The Teladoc doctor calls you back about your symptoms.
4 Turns out you have sinus problems.	5 You pick up an antibiotic at your local pharmacy on your way to work.	6 C Problem solved. Boss happy.

What is Teladoc? Teladoc provides a national network of U.S. board-certified doctors available 24/7 to resolve many of your medical issues. It's quality care when you need it at a price you can afford.

Talk to a doctor anytime for FREE!

*PPO and EPO member consults are free; HDHP members pay \$45 per consult

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Getting started with Teladoc



Teladoc gives you access 24 hours, 7 days a week to a U.S. board-certified doctor through the convenience of phone, video or mobile app visits. Set up your account today so when you need care now, **a Teladoc doctor is just a call or click** away.



SET UP YOUR ACCOUNT

Set up your account by phone, web or mobile app.

Online:

Teladoc.com/CEBT and click **"set up account"**.

Mobile app:

Download the app and click **"Activate account"**. Visit teladoc.com/mobile to download the app.

Call Teladoc:

Teladoc can help you register your account over the phone.



PROVIDE MEDICAL HISTORY

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.



REQUEST A CONSULT

Once your account is set up, request a consult anytime you need care. And talk to a doctor by phone, web or mobile app.

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