



Imagine this	You wake up one morning with flu-like symptoms. You don't want to take time off from work, but you need care now. <b>What can you do?</b>	
You consider urgent care, but don't want to spend the time and money.	2 Then you call Teladoc <sup>®</sup> .	3 The Teladoc doctor calls you back about your symptoms.
4 Turns out you have sinus problems.	5 You pick up an antibiotic at your local pharmacy on your way to work.	6 C Problem solved. Boss happy.

What is Teladoc? Teladoc provides a national network of U.S. board-certified doctors available 24/7 to resolve many of your medical issues. It's quality care when you need it at a price you can afford.

## Talk to a doctor anytime for FREE!

\*PPO and EPO member consults are free; HDHP members pay \$45 per consult

**Teladoc.com/CEBT** 



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# Getting started with Teladoc



**Teladoc gives you access 24 hours, 7 days a week to a U.S. board-certified doctor through the convenience of phone, video or mobile app visits.** Set up your account today so when you need care now, **a Teladoc doctor is just a call or click** away.



#### SET UP YOUR ACCOUNT

Set up your account by phone, web or mobile app.

### Online:

Teladoc.com/CEBT and click **"set up account"**.

#### Mobile app:

Download the app and click **"Activate account"**. Visit teladoc.com/mobile to download the app.

#### Call Teladoc:

Teladoc can help you register your account over the phone.



#### PROVIDE MEDICAL HISTORY

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.



#### **REQUEST A CONSULT**

Once your account is set up, request a consult anytime you need care. And talk to a doctor by phone, web or mobile app.

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